

## Advent Reflection for 29<sup>th</sup> November

Today the 1<sup>st</sup> Tuesday in Advent we reflect on the Gospel of St. Luke where Jesus is filled with the joy of the Holy Spirit. He praised His Father for revealing Himself to all who he has called to be close to Him. “No one knows who the Son is except the Father, and who the Father is except the Son and those to whom the Son chooses to reveal him.”

As we reflect on this reading how Jesus has chosen to reveal his Father to us we pray for the grace that each of us will grow in our awareness of the Father’s infinite and unconditional love for each one of us. Jesus reveals himself to us each day in our prayer and especially during the Eucharist. Like the disciples we also have been called to live our lives with Jesus who is “the Way the Truth and the Life.”

Pope Francis also invites to “Live the Joy of the Gospel.” We pray that during this time of Advent that we may get the grace to live with joy after the example of Jesus.

We also celebrate today the 100 anniversary of the death of Sister Winefride Tyrell RIP. We thank God for the example of her life of faithful service and her great vision for the congregation. We pray for each other that we will continue to bring the love and compassion of the Sacred Hearts of Jesus and Mary to all those we meet.

